

Hemophilia Hounds- Microhealth App



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01

About MicroHealth App



About

The MicroHealth app will allow you to track your dog's spontaneous and nonspontaneous bleeding

It is a data collection app that is regulated by the FDA

The app is designed for humans, so we will make slight adjustments when logging the bleeding events

We are collecting data to get more information and make comparisons of pre and post treatment



02

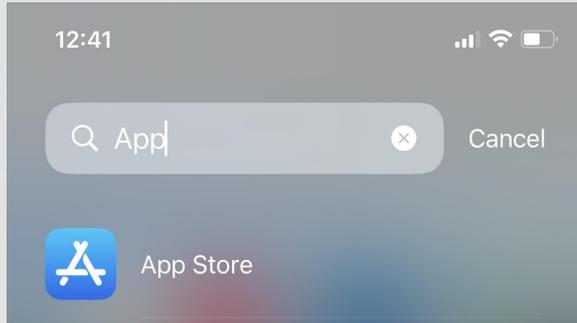
Downloading The App





Download The App- iPhone

1) Open the App Store



Search “App Store” and tap on the icon

2) Download Microhealth



Tap the top “search” bar or click on the magnifying glass to search “Microhealth”

Click the “Get” or cloud mark on the right hand side to download the app

It may ask for your Apple Id password!

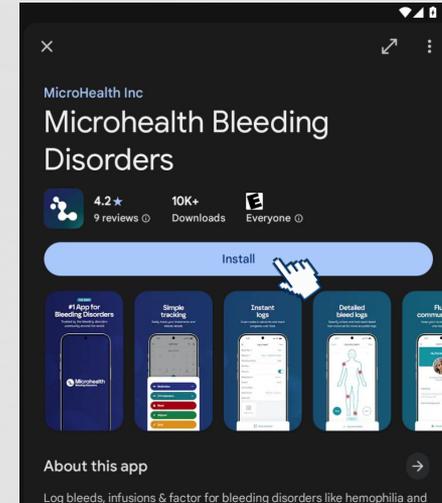
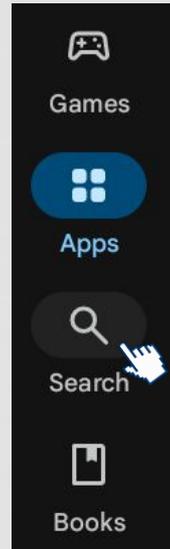
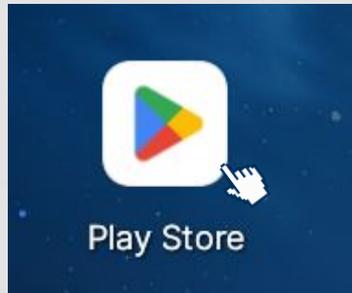


Downloading the App- Android

2) Click on the search bar and type “microhealth”

3) Find “microhealth bleeding disorders” and click install

1) Open Google play store:



03

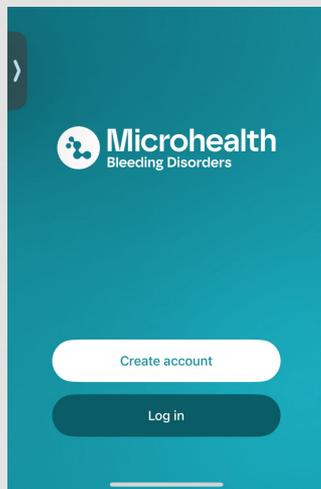
Account Setup





Setting Up Your Account

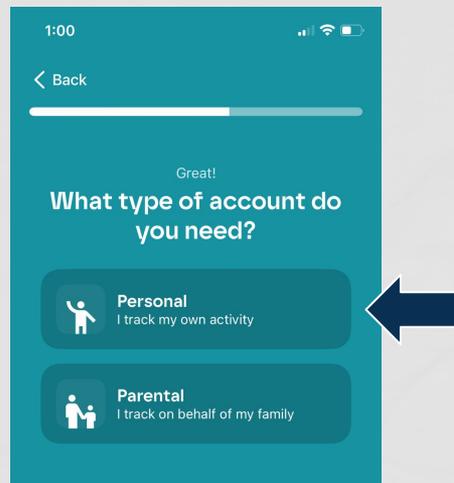
1) Click on “Create Account”



2) Enter your email address

3) Create a secure password

4) Click “Personal” for the type of account you need





Setting Up Your Account- Cont.

5) Enter Name

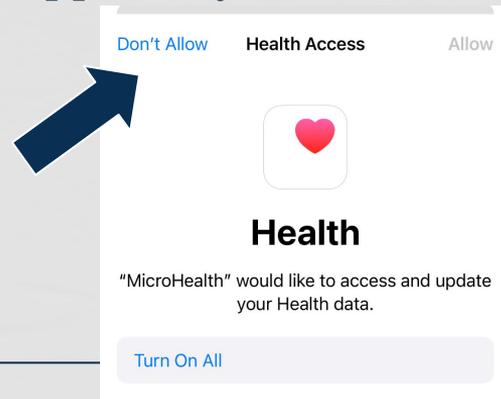
Enter your dog's name in "Name"

Enter your last name in "Last Name" and put (Dog) after it

6) View the Terms of Use and Privacy Policy

7) Click "Create account"

8) Health Access- "Don't Allow" (apple only)



04

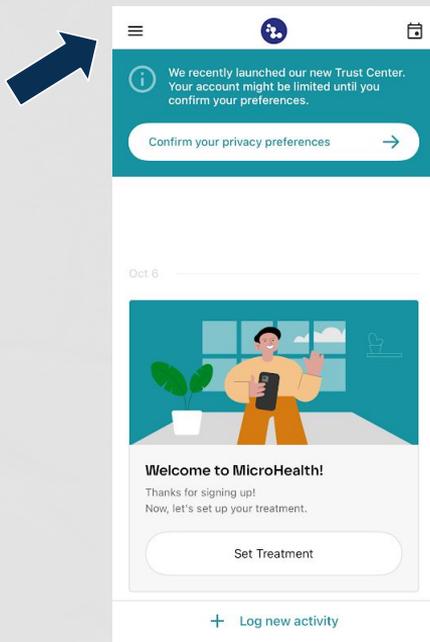
Linking Data



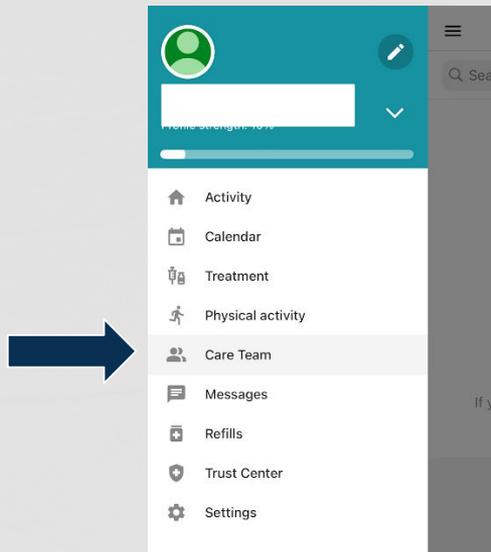


Linking Data

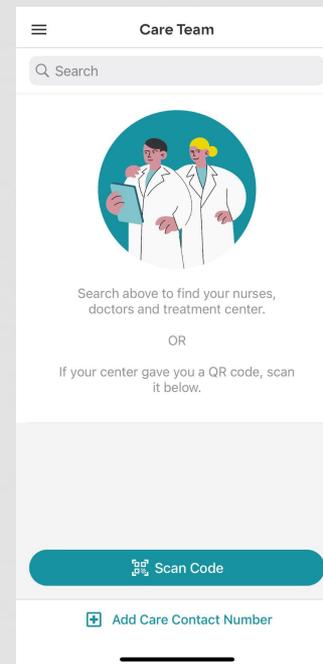
1) Click on 3 bars in top left



2) Select “Care Team”



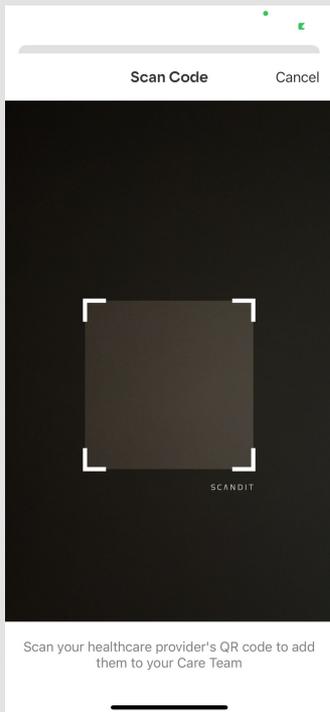
3) Select “Scan Code”





Linking Data

4) Scan Code



5) QR Code

Your CareTeam QR Code



05

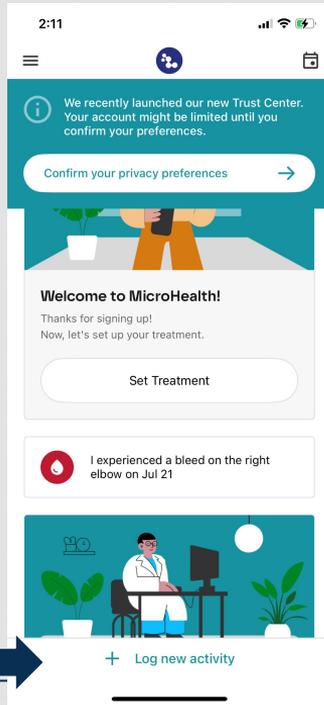
Reporting Bleeds



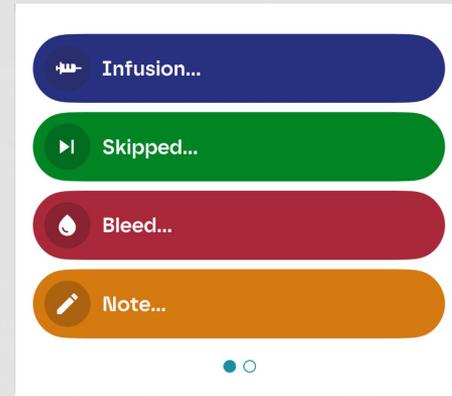


Reporting Bleeds

1) Click on “Log new activity” at the bottom



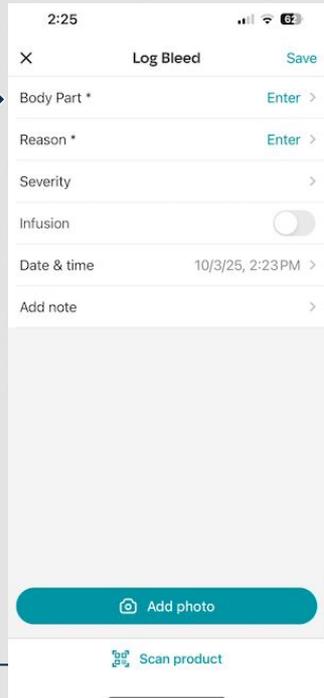
2) Click “Bleed”



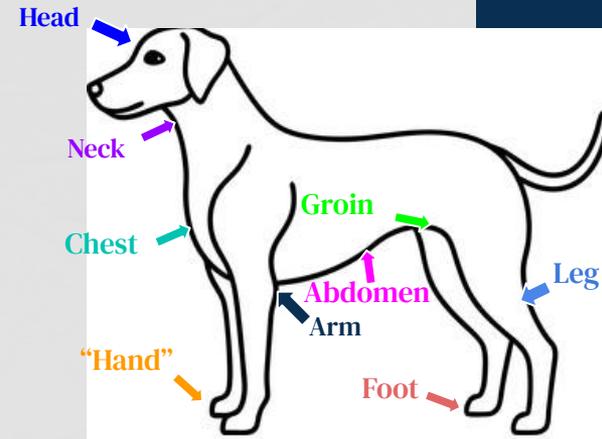
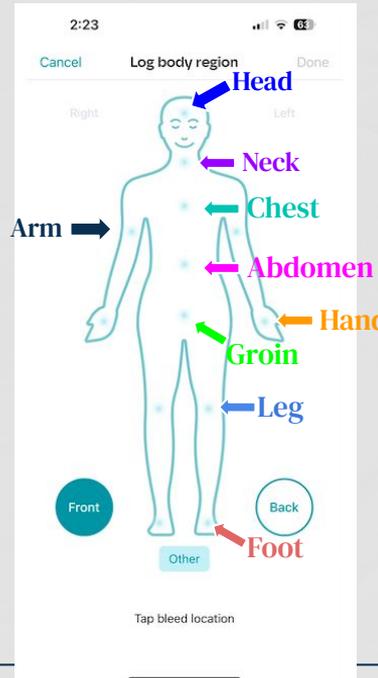


Reporting Bleeds

3) Select “Enter” next to the “Body Part” category



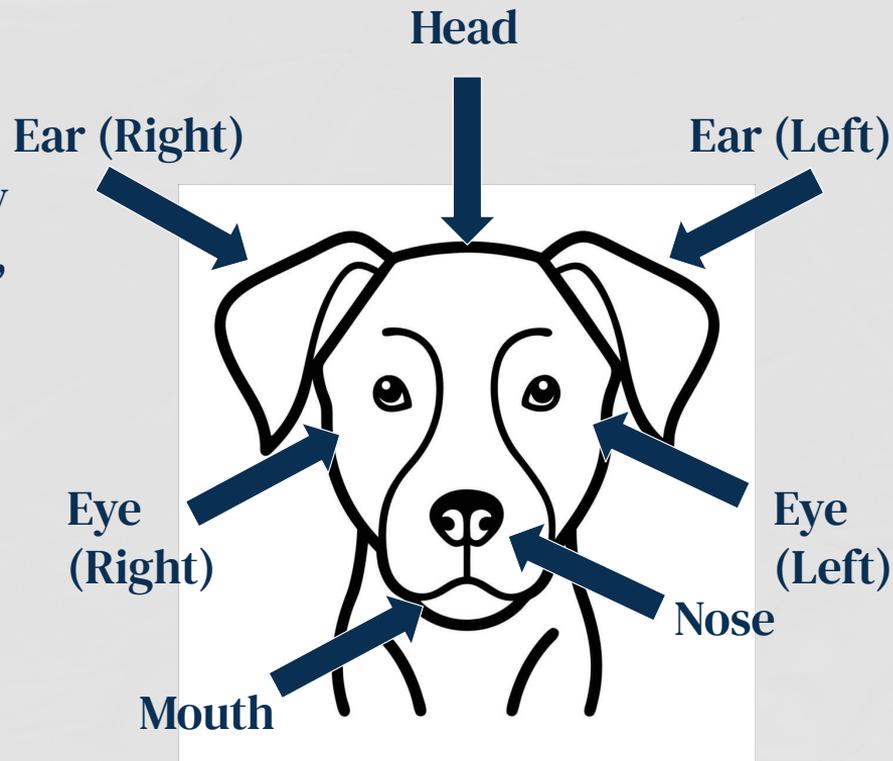
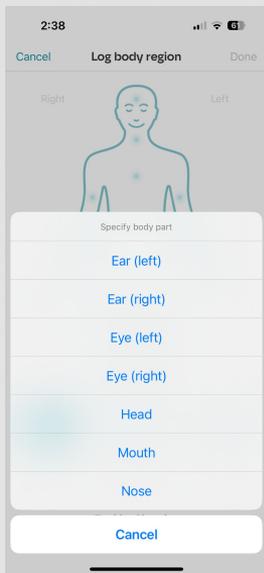
4) Select the body region that the bleed occurred





Reporting Bleeds

If you selected the “**Head**” body region that the bleed occurred, select the specific body part

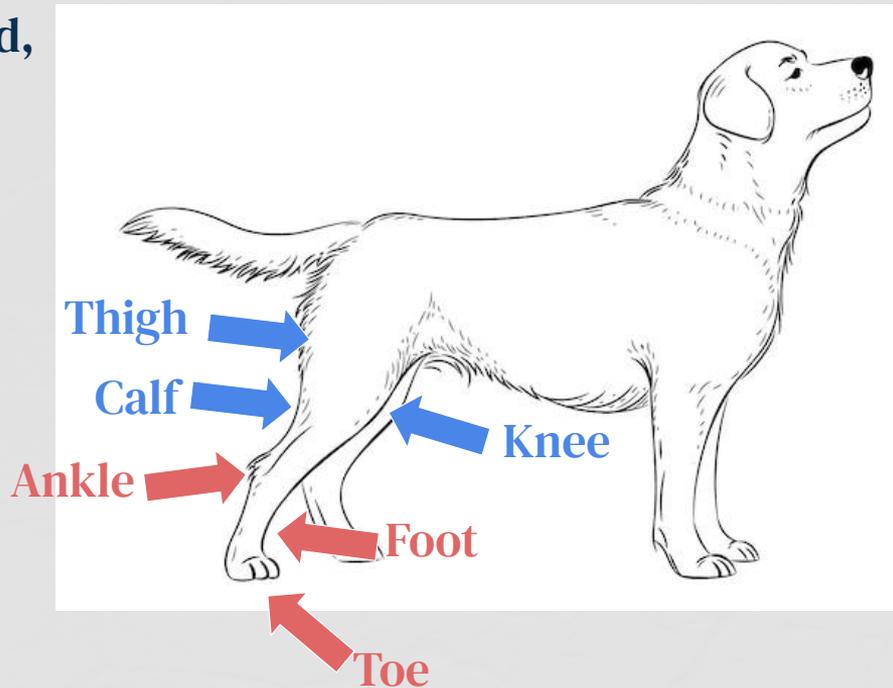
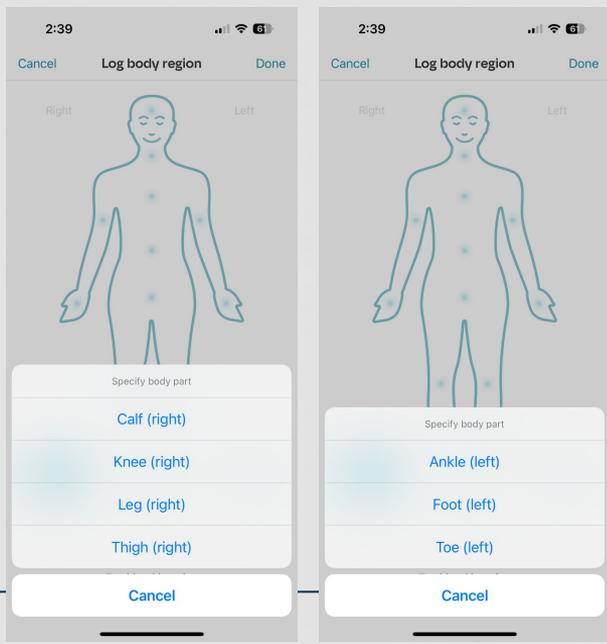




Reporting Bleeds

If you selected the “**Leg**” or “**Foot**” body region that the bleed occurred, select the specific body part *

*In this diagram, all indicated body parts are on the right side

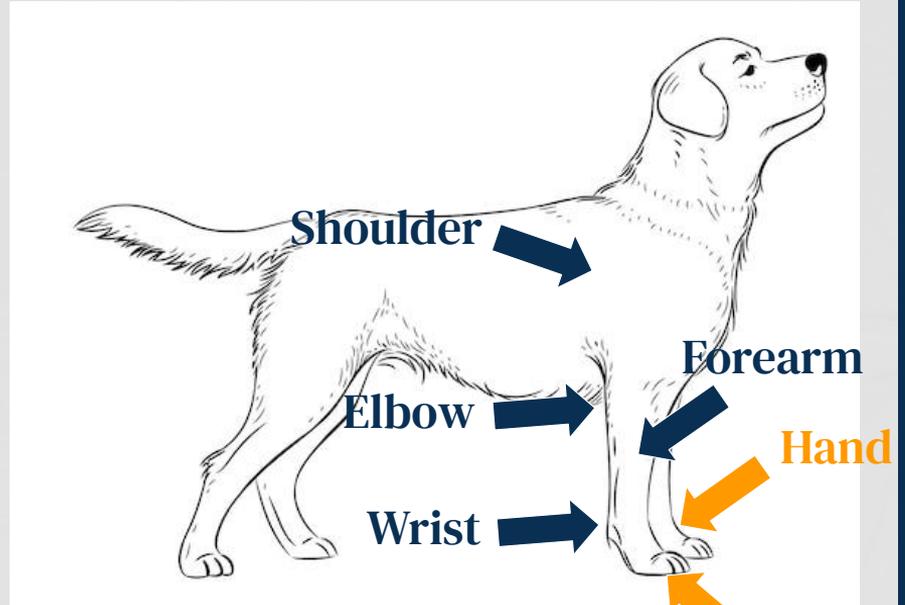
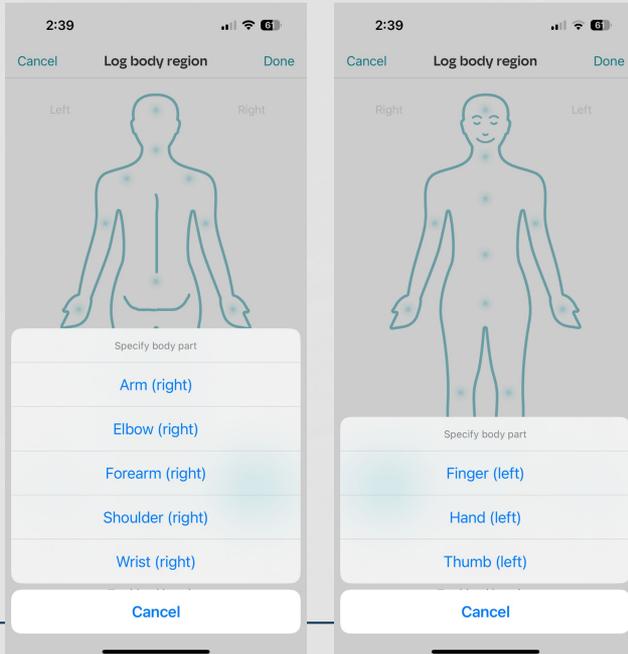




Reporting Bleeds

If you selected the “Arm” or “Hand” body region that the bleed occurred, select the specific body part*

*In this diagram, all indicated body parts are on the right side



Reporting Bleeds



5) Next, select enter next to the “reason” category



2:25

X Log Bleed Save

Body Part * Enter >

Reason * Enter >

Severity >

Infusion

Date & time 10/3/25, 2:23 PM >

Add note >

Add photo

Scan product

6) Choose a reason that your dog is experiencing a bleed

7:44

Cancel Reason Done

Spontaneous

Injury - related to activity

Injury - not related to activity

Post-activity

Follow-up dose

Menstruation

Surgery / Procedure

Other

Reporting Bleeds



6 (continued)) Reasons guide:

7:44 100%
Cancel Reason Done

- Spontaneous
- Injury - related to activity
- Injury - not related to activity
- Post-activity
- Follow-up dose
- Menstruation
- Surgery / Procedure
- Other

Spontaneous bleeds don't have an obvious cause and are an important part of the data we hope to collect

If your dog had an injury and is bleeding, select the appropriate category: either an injury sustained during an activity, or one not related to activity

Excessive bleeding after operations is extremely common for dogs with hemophilia and should be reported here



Message

0 Recent Bleeds	0.0 ABB	N/A Authence
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Calendar **Bleeds** Events Treatment Physical Activity NEW

2023

← → All Time

Bleed reasons

- Spontaneous: 3
- Surgery / Procedure: 1



Joint bleed locations

- Shoulder (right): 1
- Elbow (right): 1

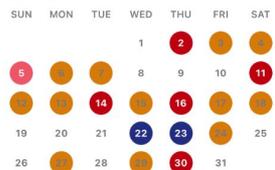


Non-joint bleeds: 2

2025

← → Month

January



February



March



April



May



June



July



August



06

Medications and Transfusions





Medications and Transfusions to Enter

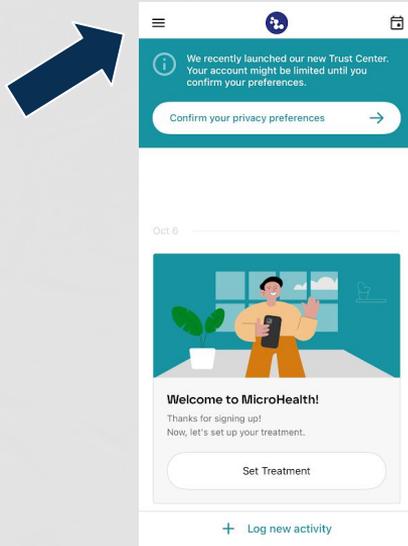
- Do NOT enter any medication except for
 - TXA (tranexamic acid)*
 - Aminocaproic acid*
- Do NOT enter any transfusion/infusion except for
 - Cryo (cryoprecipitate)
 - Plasma (FFP (Fresh Frozen Plasma))
 - Whole blood

*given during bleeds

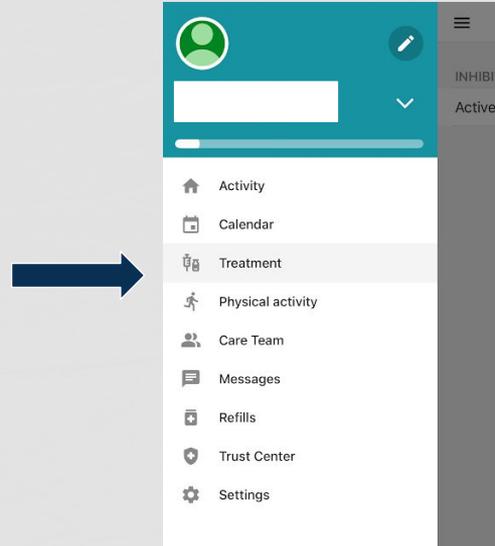


Medications

1) Click on 3 bars in top left



2) Select “treatment”



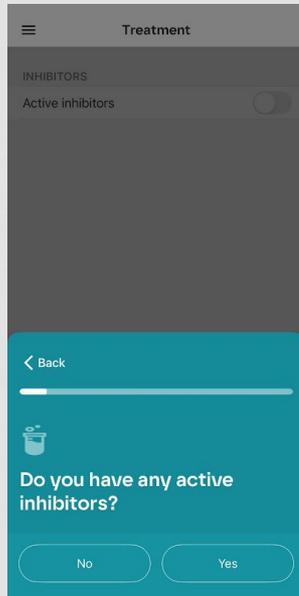
3) Click “add medication”



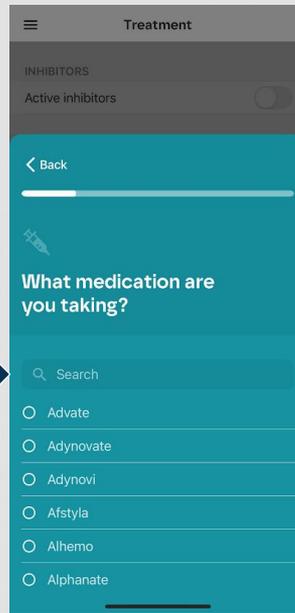


Medications

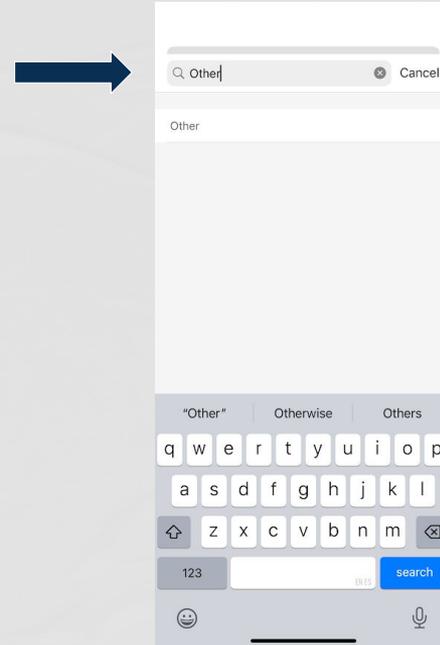
4) select no



5) select "Search"



6) type in "other"

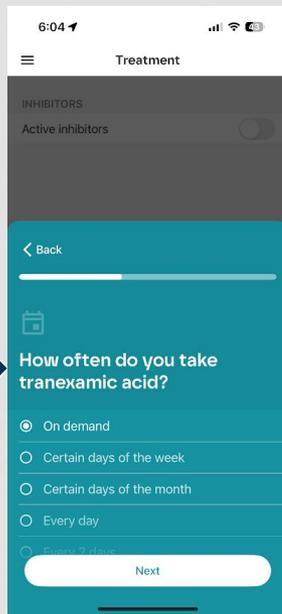
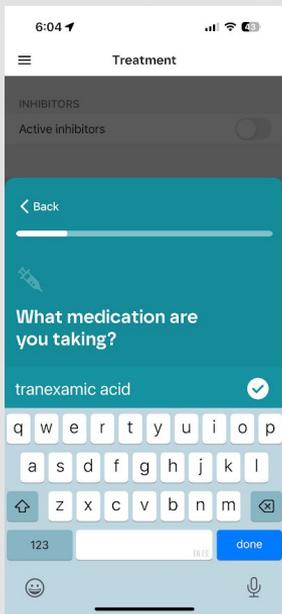




Medications

7) enter medication

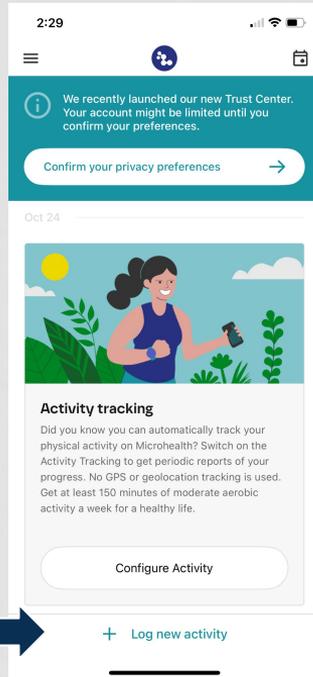
8) enter how often (on demand)



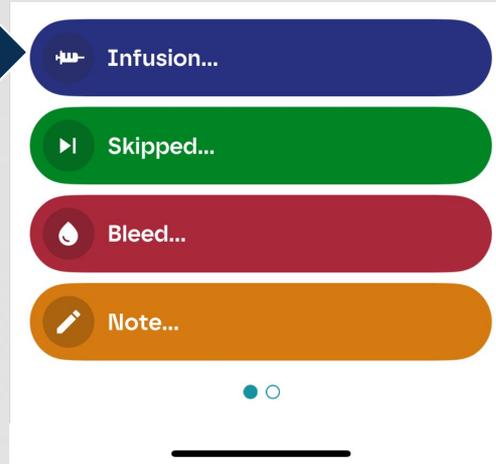


Transfusions

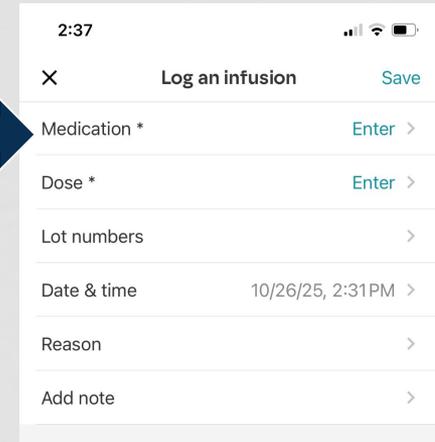
1) Click on “Log new activity”



2) Select “Infusion”



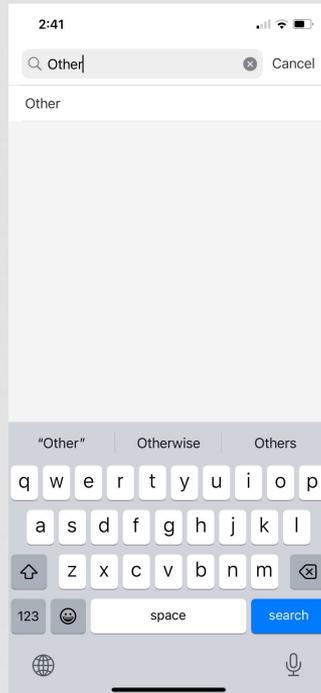
3) Select “Medication”



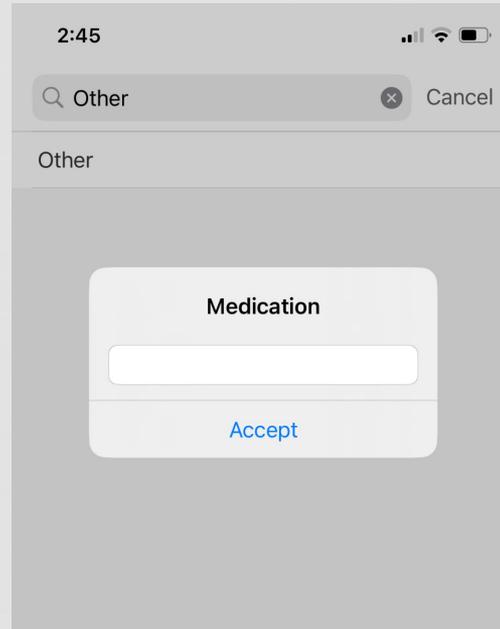


Transfusions (cont.)

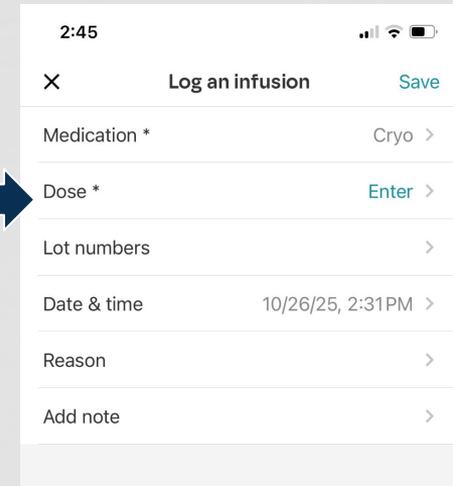
4) Search and select
“Other”



5) Enter infusion given,
click accept



6) Enter “1” for dose
(does not matter)



7) Select “Save” at the
top right

Thank you!

Any questions?